

# Therefore

Romans 12:1-2

## **Romans 12:1-2**

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

# Be – Do – Have

Be – Who, Identity

Do – What, Action, Behavior

Have – Results, Outcomes

## Romans 12:1-2

- BE** Therefore, I urge you, brothers and sisters, in view of God's mercy, to *offer your bodies* as **a living sacrifice**, holy and pleasing to God—this is your true and proper worship.
- DO** Do not conform to the pattern of this world, but be transformed by the *renewing of your mind*.
- HAVE** Then you **will be able to** test and approve what God's will is—his good, pleasing and perfect will.

# Therefore

That being the case...

# I “urge” you

“beseech”

PARAKSLEO      to call to one’s side or aid

PARACLETE      A name used for the Holy Spirit which means: called to one’s side or aid, Comforter

In view of God's **mercies**

OIKTIRMOS the viscera or inward parts.

Literally: the “seat of emotion”

Pity

## Eternal Love

Nothing can separate us  
from the love of God.

Romans 8:35

## Eternal Grace

We have obtained access to this grace.

Romans 5: 2

## The Holy Spirit

He has given us the Holy Spirit

Romans 5:5

## Everlasting Peace

The mind controlled by the Spirit is life and peace

Romans 5:1, 8:6

## Saving Faith

The righteous live by faith

Romans 1:17

## Wisdom

oh, the depth of the riches  
of the wisdom and knowledge of God

Romans 11:33

## Hope

we rejoice in the  
hope of the glory of God

Romans 5:2

## Glory, honor and peace

for everyone who does good...

Romans 2:10

## Patience and kindness

He bears with great patience so that  
His kindness leads us to repentance

Romans 2:4 and 9:22

## Righteousness

This righteousness from God  
comes through faith

Romans 3:22

## Eternal Life

But now you have been set free  
from sin... and the result is eternal life.

Romans 6:22

## Holiness

the benefit you reap  
leads to holiness

Romans 6:22

## Forgiveness

Blessed are they  
whose transgressions are forgiven

Romans 4:7

## Reconciliation

we have now received reconciliation

Romans 5:11

## Justification

He was raised to life for our justification

Romans 4:25

## Sanctification

we are sanctified by the Holy Spirit

Romans 15:16

## Freedom

and brought into the glorious freedom

Romans 8:21

## Sonship

and by him we cry "Abba Father"

Romans 8:15



# OFFER



PARISTEMI      present

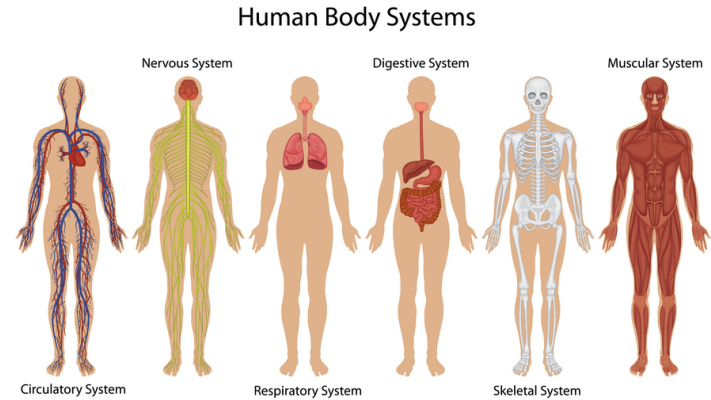
# your body

SOMA                      the complete man

Literally: the “seat of sin”

# The body

Survival



Safety



Belonging

# your body

the seat of sin = all of the strategies we have learned and use to survive, feel safe, and get accepted by others

but why is that so bad, why is that sin?

in view of God's mercy, to offer your bodies

Seat of emotion

Seat of sin

The core of God and the core of man  
are brought together in this verse.

# your body

- It Eats
- It Sleeps
- It Works
- It Reproduces

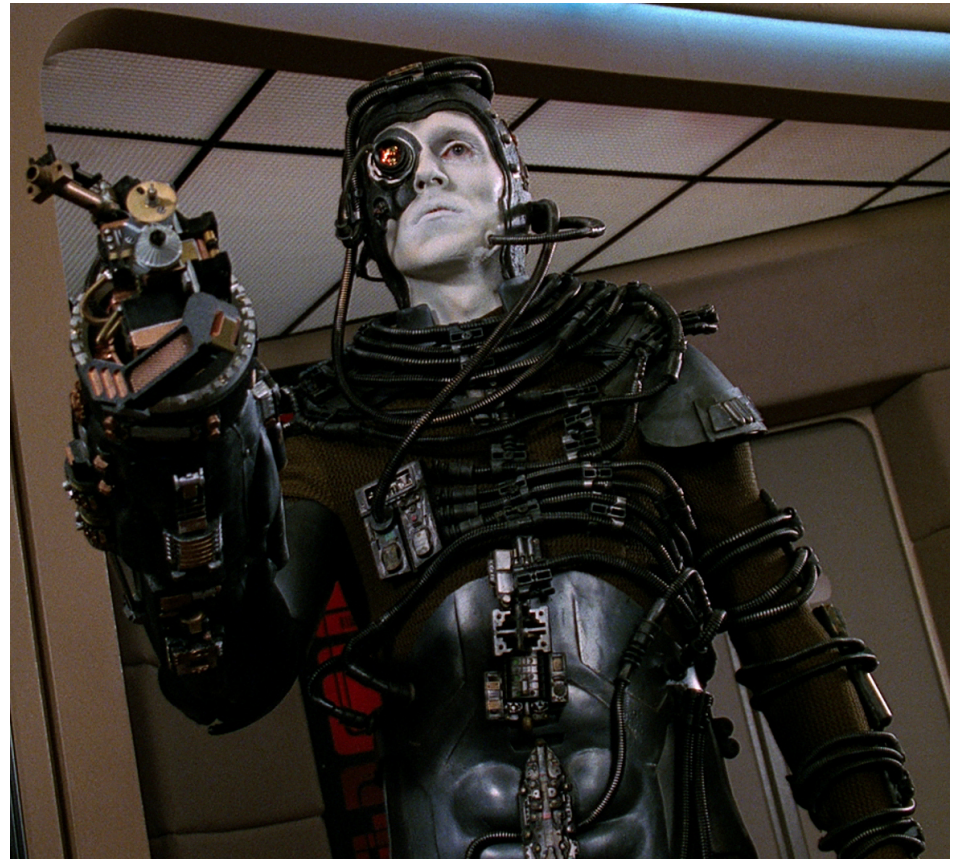
True and proper worship

# Do not conform to the pattern of this world,

SUSCHEMATIZO – unchangeable stable, essential in character, complete and durable.

**Pattern of this world:**

- Depend on yourself and take advantage of others
- or become dependent on others.
- God is not a resource available to you.



but be transformed

## METAMORPHOO

Literally – transfigure, the same word used of Christ's transfiguration.



SUSCHEMATIZO

METAMORPHOO

SUSCHEMATIZO

METAMORPHOO

Conformed: schema,  
refers to outward

Outward conformity doesn't  
produce inward peace.

# SUSCHEMATIZO

Conformed: schema,  
refers to outward

Outward conformity doesn't  
produce inward peace.

# METAMORPHOO

Transformed: morpho  
refers to inward change

Inward transformation will result  
in outward behavior.

Do not conform to the pattern of this world, but be transformed  
**by the renewing of your mind.**

## ANAKAINOSIS

A noun not a verb. This renewing is not something we do.

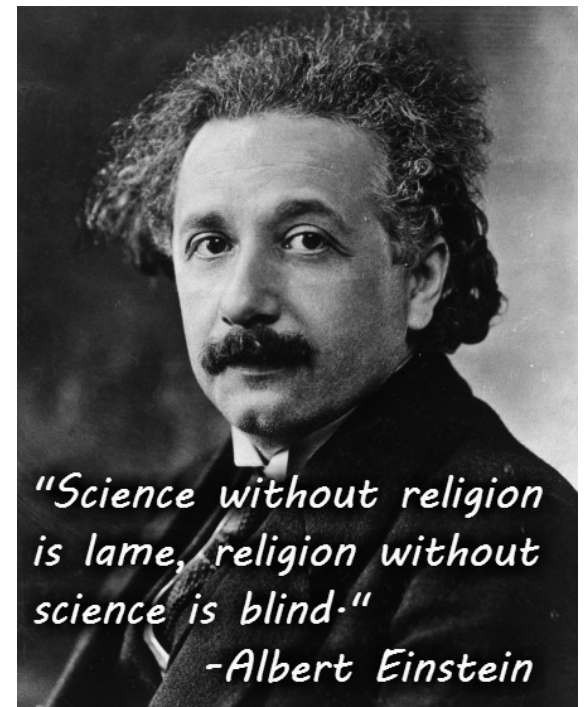
Titus 3:5 -- ...renewal by the Holy Spirit.

a revival of the power of the Holy Spirit.

Romans 12:2 – Renewal here means the adjustment of the moral and spiritual vision and thinking to that of the mind of God, which is designed to have a transforming effect upon life.

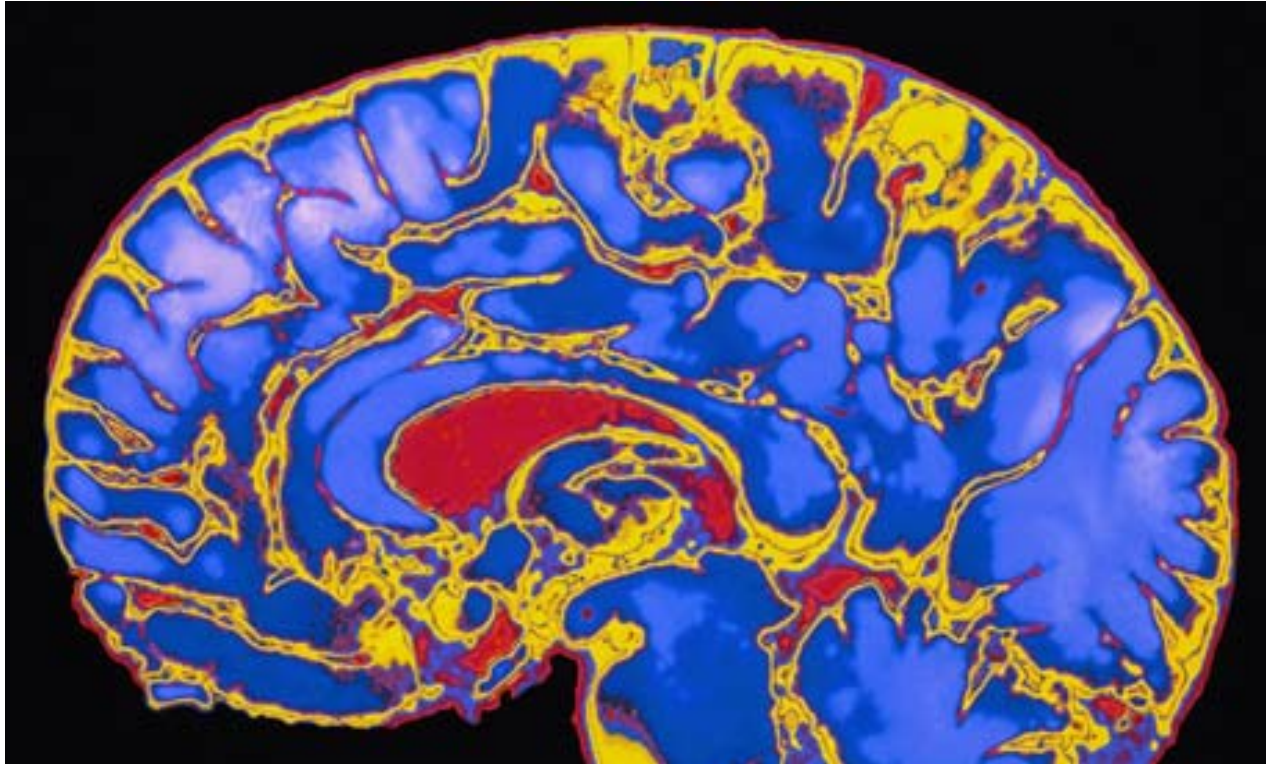
“We can’t solve problems by using the same kind of thinking we used when we created them.”

“Insanity: doing the same thing over and over again and expecting different results.”



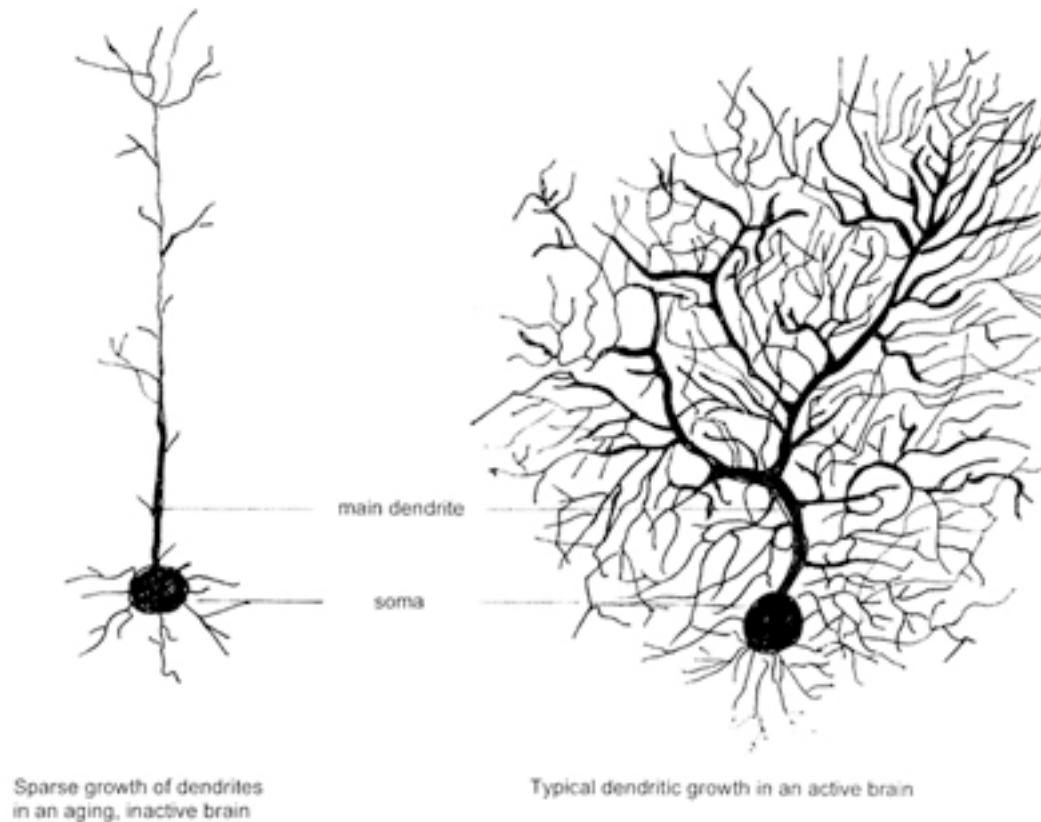
We have approximately 70,000 thoughts per day.

- Laboratory of Neuro Imaging, UCLA School of Medicine



About 95% of those are the same ones we've had before.

The more we set our minds on anything the bigger the neural pathway becomes.



The body is not the bad guy,  
it's just following orders!










## 20-lane highways in the brain:

- **Food**
- **Anxiety**
- **Low Self Worth**
- **Superiority**
- **Excellence**
- **Bitterness**
- **Envy**
- **Laziness**
- **Indifference**
- **Enjoying being a loser**
- **Filled with Fear**

Those who live according to the flesh have their minds **set** on what the flesh desires; but those who live in accordance with the Spirit have their minds **set** on what the Spirit desires. - Romans 8:5


Spirit



Safe, Secure, Holy,  
Forgiven, Loved,  
Justified, Free,  
Empowered,  
Sanctified, Reconciled

Mind ..

Body



Worry, Anxiety,  
Doubt, Selfish,  
Inadequate, Inferior,  
Guilty, Must Perform,  
Worthless

**You Choose.**

**BE**

A person who dies (sacrificed) to your own ways of feeling safe, secure and accepted.

**DO**

Set your mind on what you already have (the mercies of God), immerse yourself in God's Word, ask the Holy Spirit to teach you.

**HAVE**

Then you will have peace, joy, and contentment (be able to test and approve what God's will is—his good, pleasing and perfect will.)

# Therefore

Romans 12:1-2

